

THIRD ANNUAL REPORT

OF THE STATE OF THE

UNITED LUNATIC ASYLUM,

FOR THE

County and Borough of Nottingham;

AND THE

FORTY-EIGHTH OF THE ORIGINAL INSTITUTION.



YEAR 1858.

NOTTINGHAM:

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1859.



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STOREKEEPER.

MR. TIPPETT.

County & Borough of Nottingham Lunatic Asylum.

ANNUAL REPORT.

MY LORDS AND GENTLEMEN,

THE official year of this Institution being now terminated, it becomes my duty to present a report of the leading proceedings; and also direct the attention of the Visitors to a few alterations that it is believed would further improve the present Establishment.

First, then I would notice that in the early part of the year, it was decided that a boundary wall, adjoining Mr. Wagstaff's land, should be built, which has been done, and by using our own bricks has only cost £63. It is found to be a great improvement on that side of the property.

Several windows have also been lowered, that obstructed the light, and a new one opened, at the detached building No. 5, on the side of the house occupied by the males. The house has also been painted internally and externally, at an expense of £160.

A "post mortem" room has also been added to the "dead house," a convenience that had long been required.

The airing courts, on both the males' and females' sides of the house have been enlarged, by throwing two of them into one; and the single rooms and dormitories in the old building, have had ventilators and air bricks of an improved construction introduced.

Early in July, it was found that owing to the large increase in the number of male patients, the Asylum was overcrowded. In the midst of the hot summer weather, and at a time when there were some cases of small pox in the house, it was necessary that steps should be at once taken to remove a number of them, for a time until arrangements could be permanently made for additional accommodation. This was done in the first place, by sending during July and August, to the Buckingham County Asylum, sixteen of the male patients, and contracting with the Governors of that Institution to receive as many as twenty patients, at a charge of 11s. 9d. per week each. It was also unanimously decided by the Visitors, to obtain plans and specifications for extending the building on the men's side, to accommodate *forty* additional male patients; which were accordingly prepared by the architect, and forwarded to the Commissioners in Lunacy for their sanction. This has been given, and the plans have also been approved by the County Justices at the Quarter Sessions, and the Town Council. A contract has also been entered into for the completion of the same by June next, by Messrs. James Hill and Co., at an expense of £1,537. From this sum a portion will have to be deducted for bricks, the contractor will use from stock we have on hand. This extension is progressing satisfactorily.

It will be seen by the accompanying statement of accounts, that our financial position is sound; although, in the early part of last year, we returned to the County and Borough £1,500 which they had advanced two years ago (as working

capital), and reduced the charge for patients from 10s. to 9s. for males, and 9s. to 8s. for females. We may now with safety again reduce the charge, from 9s. to 8s. 6d. for males, and from 8s. to 7s. 6d. for females, unless (as I would strongly recommend) the cost of furniture and bedding be added to the maintenance account, which would be in accordance with the spirit of the Act of Parliament, and the custom generally pursued by other similar Institutions; in that case, we might with safety reduce 3d. per head, for both sexes, per week.

At the close of last year, we had a balance in the treasurer's hands of £243 6s. 2d. This year, we have £643 5s. 9d. But on looking over the assets and liabilities of last year, it will be found there was in favour of the Institution £1,805 10s. 7d.; the same comparison this year, shows the sum of £3,221 9s. 1d. in favour of the Asylum, being a saving this year of £1,415 18s. 6d.

Additions have been made to the Library, a Harmonium and a Bagatelle Board have been purchased, a Skittle Alley has been formed, and these, with the usual Concerts (at which some of the Visitors, along with myself, attended), have added much to the gratification and comfort of the patients.

It affords me pleasure to report that the Rules and Regulations have been faithfully carried out, and that the general management is efficient and economical, the conduct of all the servants orderly and attentive, and the vigilance of our Medical Superintendent worthy of all praise.

In conclusion, allow me to recommend to the Visitors the propriety of providing an Infirmary on the female side, for contagious diseases; also on the male side, for the same purpose.

The women's dining room also requires enlarging, which may be done as soon as the private patients are removed.

It would greatly improve the external appearance of the front of the general building, and add much to the light and ventilation in the inside, if the blank windows were removed, and complete ones introduced.

Immediate steps should be taken to plant a portion of the ground just enclosed by the wall (in front of Mr. Webster's dressing rooms), with Italian poplars, or other quick-growing trees.

I have the honour to be,

My Lords and Gentlemen,

Your obedient servant,

RICHARD BIRKIN,

CHAIRMAN.

JANUARY 19TH, 1859.

ANNUAL REPORT OF THE SUPERINTENDENT

TO THE VISITORS.

(READ THE 19TH OF JANUARY, 1859.)

MR. CHAIRMAN, MY LORD AND GENTLEMEN,

THE following Table shows the number of admissions of Patients and the removals by recovery, death, or otherwise, during the year 1858.

				M.	F.	T.
Patients remaining December 31, 1857	130	117	247
Ditto admitted during 1858	55	59	114
Total under Treatment	185	176	361
				M.	F.	T.
Discharged recovered	...	22	14	36		
„ relieved	...	27	9	36		
„ not improved	...	3	1	4		
Died	...	8	18	26		
				60	42	102
Remaining December 31, 1858	125	134	259

The total of 361 forms the largest number of Patients that have yet come under treatment during any one year.

The admissions have also been more numerous than hitherto, with the exception of the year 1846, when the operation of a recent Act of Parliament created an artificial increase.

There are now on the Registers 9 above the prescribed number, namely 1 male and 8 females—exclusive of 16 men temporarily accommodated at the Buckinghamshire Asylum, who are awaiting the removal of the private Patients in order to be readmitted. During the present, and for several years past, the male Patients have been in excess in the Asylum. This county however forms no exception to the general rule of the existence of a greater number of female lunatics,—the discrepancy is accounted

for by the fact that 117 lunatic women are confined in the workhouses, against 75 men only.

The admissions were generally of an unpromising character, when the conduct of the Patients, and the threefold frequency of physical causes acting in the production of the disease, as compared with the moral, are taken into consideration. I find that 32 were stated to be both dangerous and suicidal, 21 suicidal, and 35 dangerous to others—or 88 out of 114. From this it may be inferred that in the majority of cases, the fear of the Patient committing some criminal act operated as the stimulus for his consignment to the Asylum, rather than the paramount duty of placing him under treatment with a view to recovery during the early stages of the malady.

Thirteen of the Patients were epileptics, and 7 were afflicted with general paralysis. Of the gross number remaining, 215 are deemed incurable, and 44 curable. The recoveries amounted to 36, of whom 34 were discharged during the first year of their residence. The particulars of the causes of death are given in the Obituary. Thirteen, or one-half the deaths, were occasioned by Epilepsy (5), General Paralysis (3), Apoplexy (2), and Consumption (3).

Owing to a sudden influx of Patients in the month of July, the Asylum was closed for a few days, and 3 men and 1 woman were refused admission. Steps were at once taken to remedy the inconvenience, and 16 men were removed to the Bucks Asylum. In addition 13 harmless chronic lunatics were discharged on trial, of whom 2 were refused by the parishes, 9 were kept, and 2 were returned. Five out-county Patients have been sent to their settlements, and 5 allowed to go home, upon the application of their friends, under the 81st section of the Lunacy Act.

In July the small pox broke out, when the inmates on each side exceeded the allotted number of beds. An Irishwoman was first attacked, and subsequently a second female Patient, both unprotected by vaccination. On this occasion the necessity for an Infirmary or special apartment for contagious diseases became apparent—every other part of the Asylum being occupied by ordinary cases.

I have completed a series of Tables illustrating the progress of the Institution since the opening, on the 12th of Feb., 1812, which will be found useful for future reference.

GENERAL STATEMENT OF ADMISSIONS, DISCHARGES, AND DEATHS, WITH THE PER CENTAGES DEDUCED.

Year.	Number of Admissions.	Recovered.	Relieved on Trial, and Removed.	Died.	Remaining December 31st.	Total under Treatment.	Daily Average Resident.	Per Centage of Recoveries on Admissions.	Per Centage of Deaths on Daily Average.	Per Centage of Deaths on Total Number under Treatment.
1812	35	0	0	0	35	35	25	0	0	0
1813	40	11	15	4	45	75	45	27.5	8.88	5.33
1814	46	18	12	9	52	91	50	39.13	18.00	9.89
1815	61	21	22	3	67	113	63	34.42	4.76	2.65
1816	46	20	29	3	61	113	61	43.47	4.91	2.65
1817	31	16	22	7	47	92	50	51.61	14.00	7.60
1818	45	8	12	9	63	92	55	17.77	16.36	9.78
1819	32	17	26	4	48	95	52	53.12	7.69	4.21
1820	38	12	13	4	57	86	49	31.57	8.16	4.65
1821	35	12	17	2	61	92	58	34.28	3.44	2.17
1822	31	18	17	2	55	92	60	58.06	3.33	2.17
1823	47	17	12	2	71	102	60	36.17	3.33	1.96
1824	50	30	23	0	68	121	72	60.09	0.00	0.00
1825	45	24	17	5	67	113	74	53.33	6.75	4.42
1826	49	23	24	2	67	116	67	46.93	2.98	1.72
1827	71	23	22	8	85	138	72	32.39	11.11	5.79
1828	51	26	26	3	81	136	81	50.98	3.70	2.20
1829	51	23	16	4	89	132	84	45.09	4.76	3.03
1830	46	24	14	8	89	135	89	52.17	8.98	5.92
1831	43	28	11	9	84	132	85	65.11	10.58	6.81
1832	48	23	13	9	87	132	88	47.91	10.22	6.81
1833	49	21	23	8	84	136	86.5	42.85	9.24	5.88
1834	60	24	12	5	103	144	94	40.00	5.31	3.47
1835	74	32	15	12	118	177	112	43.24	10.71	6.77
1836	70	28	19	9	132	188	119	40.00	7.56	4.78
1837	57	32	12	12	133	189	129.5	56.14	9.26	6.34
1838	58	31	19	7	134	191	134.5	53.44	5.20	3.66
1839	58	26	15	8	143	192	138	44.82	5.79	4.16
1840	67	30	17	9	154	210	146.5	44.77	6.14	4.28
1841	55	32	9	15	153	209	152	58.18	9.86	7.17
1842	73	38	12	22	154	226	158	52.05	13.92	9.73
1843	90	42	28	15	159	244	158	46.66	9.49	6.14
1844	105	48	21	18	177	264	173.62	45.71	10.36	6.81
1845	85	35	13	14	200	262	190.77	41.17	7.33	5.34
$\frac{1}{2}$ year	49	16	7	9	217	249	208.45	32.65	4.32	3.61
1846	124	53	24	24	240	341	224.80	42.74	10.67	7.03
1847	90	44	12	27	247	330	245.72	48.88	10.98	8.18
1848	83	41	14	22	253	330	253.41	49.39	8.68	6.66
1849	91	38	14	21	271	344	266.41	41.75	7.87	6.10
1850	21	19	21	14	238	292	249.16	90.47	5.61	4.79
1851	44	18	7	21	236	282	233.68	40.90	8.98	7.44
1852	39	20	3	14	238	275	240.49	51.28	5.82	5.09
1853	62	27	13	22	238	300	241.41	43.54	9.11	7.33
1854	42	18	7	20	235	280	239.16	42.85	8.36	7.14
1855	66	23	24	24	230	301	228.33	34.84	10.51	7.97
1856	89	30	49	17	223	319	216.17	33.70	7.86	5.32
1857	86	28	11	23	247	309	239.08	32.55	9.62	7.44
1858	114	36	40	26	259	361	255.60	31.35	10.17	7.20
	2842	1224	824	535			6474	43.06	8.26	5.82

The readmissions have been 427, namely 227 males and 200 females. The averages are very favourable—especially the death rate. It should be borne in mind that there has been no exclusion or selection of cases during the period; but those afflicted with paralysis, incurables, idiots, the aged and sick have been freely admitted. Nor has advantage been taken of the 53rd section of the Act of Parliament, which permits the reservation of beds for curable cases.

This Table throws light upon the question of the increase of lunatics, which has of late years, on account of its social importance, engaged a share of public attention. On reference to the column for the year 1828, it will be seen that there remained 81 Patients in the Asylum, and that in 1858, one generation later, they had increased to 259, upwards of three times the former number. The disparity would have been still greater but for the discharge of all harmless chronic cases to the workhouses, of out-county Patients to their respective settlements, the restriction of admissions to this county, and the maintenance of several in licensed houses. The increase is mainly due to the gradual accumulation of lunatics in one establishment during a lengthened period, and to the increased longevity consequent upon their being under proper care.

A reference to the next Table, representing the new cases, still shows a disproportionate increase between the lunatics and the general population.

ABSTRACT, SHOWING THE NUMBER OF ADMISSIONS BEFORE
AND AFTER AN INTERVAL OF THIRTY YEARS.

READMISSIONS AND NONRESIDENTS IN THE COUNTY OMITTED.

	Private.	Pauper.	Total.
1824	9	19	28
1825	10	8	18
1826	14	15	29
1827	13	23	36
1828	9	22	31
	55	87	142
Average... ..	11	17	28
1854	14	26	40
1855	16	35	51
1856	14	58	72
1857	5	63	68
1858	8	83	91
	57	265	322
Average... ..	11	53	64

This Table is confined to the new cases arising in the county. The average annual number of admissions thirty years ago was 28; during the last five years it has been 64;—an increase of 128 per cent. in one generation. The general population in this county has increased only 44 per cent. during the thirty years preceding the last Census.

A great proportion of this increase is undoubtedly due to subsequent legislation, which requires that all lunatics, whether paupers or not, who are not properly taken care of shall be sent to the County Asylum for treatment.

This Table and the next show a relative decrease in the admissions of the more educated class, compared with the paupers.

NUMBER OF EACH CLASS REMAINING ON THE 31ST OF
DECEMBER IN EACH YEAR.

Year.	First Class.	Second Class.	Pauper.	Year.	First Class.	Second Class.	Pauper.
1812	1	3	31	1836	7	39	86
1813	1	4	31	1837	7	37	89
1814	5	17	30	1838	4	38	92
1815	11	28	28	1839	7	37	99
1816	5	24	32	1840	6	28	120
1817	7	15	25	1841	3	33	117
1818	6	23	34	1842	3	36	115
1819	4	18	26	1843	3	43	113
1820	5	17	35	1844	3	34	140
1821	4	25	32	1845	3	40	157
1822	4	18	33	$\frac{1}{2}$ year	3	41	173
1823	7	28	36	1846	2	38	200
1824	5	25	38	1847	2	39	206
1825	3	30	34	1848	3	36	214
1826	4	29	34	1849	3	36	232
1827	5	34	46	1850	3	37	198
1828	4	33	44	1851	3	40	193
1829	6	35	47	1852	2	40	196
1830	5	31	53	1853	2	38	198
1831	4	31	49	1854	2	37	186
1832	5	32	50	1855	2	32	196
1833	5	31	48	1856	1	30	192
1834	9	35	59	1857	0	30	217
1835	7	34	77	1858	0	31	228

It would be difficult to affirm in the face of these figures that there has been no increase of insanity—on the contrary, there is some reason for supposing that there has

been an increase. Every one is aware of the wonderful progress made in the science of medicine during the last century. The prevention of small pox, that most loathsome of pestilences, is reduced to a mere matter of precaution; ague can be both prevented and extinguished; scurvy has only to be detected in order that the cure may commence. These and other discoveries have prolonged the duration of human life, and enabled many to attain adult age, at which there is an increased proclivity to insanity, consumption, cancer and certain constitutional disorders: so that by a process of displacement, some other diseases affect at a later period of life many individuals who have escaped maladies in their youth to which they would have been otherwise liable.

It by no means follows that the increase must continue. A reference to the causes of insanity demonstrates that it is in a great measure a preventable disease. Intemperance, poverty and ignorance, favour its development, and these all tend to decline. Another fertile cause, the hereditary predisposition, dies out naturally. The brain and mental faculties are strengthened by culture and exercise—upon these, and a progressive civilization which shall improve the physical condition, and promote the moral elevation of mankind, we must rely to remove the grounds of fear in those who anticipate a mental degeneracy of the human race.

WM. PHILLIMORE STIFF, M.B.,

SUPERINTENDENT.

COUNTY AND BOROUGH ASYLUM,

SNENTON, NEAR NOTTINGHAM.

APPENDIX.

TABLE I.

CLASSIFICATION OF PATIENTS IN THE ASYLUM ON 31ST
DECEMBER, 1858.

Private Patients, Second Class	16	15	31
County Paupers	82	71	153
County Criminals	2	3	5
Borough Paupers	20	39	59
Borough Criminal	1	0	1
Borough of Newark Paupers	3	6	9
Out-county Pauper	1	0	1
			125	134	259

Daily Average Number Resident, 255.6.

TABLE II.

SHOWING THE ALLEGED CAUSES OF INSANITY IN THE
ADMISSIONS 1858.

MORAL.				M.	F.	PHYSICAL.				M.	F.
Death of Relatives or						Age	0	1
Employer		1	3	Amenorrhœa	0	1
Disappointed of Money				0	2	Congenital	2	1
Jealousy	0	1	Epilepsy	7	3
Love	0	1	Fever	1	1
Over-study	1	0	Former Attacks	3	7
Poverty	1	3	Gastric Disorder	2	1
Pecuniary Loss	1	1	Heat of the Weather	1	0
Quarrel	1	1	Hereditary	5	11
Religious Excitement	1	1	Intemperance	13	0
Scarcity of Work	1	0	Miscarriage	0	1
Trouble	1	2	Paralysis	2	1
				8	15	Physical Injury	3	0
						Puerperal State	0	2
						Self-abuse	1	0
Unknown	7	14					40	30
						Total	55	59

The hereditary predisposition existed in six other cases.

TABLE III.

SHOWING THE FORM OF INSANITY OF THE PATIENTS
ADMITTED.

						M.	F.	Total.
Mania, Acute	26	23	49
„ Chronic	12	12	24
„ Puerperal	0	2	2
Monomania	1	1	2
Melancholia	8	18	26
Dementia	2	2	4
Idiocy	1	1	2
Imbecility	5	0	5
						55	59	114

TABLE IV.
RECOVERIES.

No. on Register.	Sex.	Age and Civil State when admitted.	Alleged Length of Time Insane when admitted.	Duration of Residence in the Asylum.	Supposed Cause of Insanity.	Form of Disorder.
823	F.	30 years—Single.	2 weeks.	132 days.	Intemperance.	Delirium Tremens.
758	M.	34 years—Married.	1 month.	1 year & 178 days.	Physical Injury. Hereditary.	Acute Mania.
770	F.	45 years—Single.	1 week.	78 days.	Religious Excitement.	Acute Melancholia.
832	M.	62 years—Married.	1 month.	197 days.	Physical Injury.	Mania.
848	F.	39 years—Married.	1 week.	87 days.	Not stated.	Suicidal Mania.
846	F.	30 years—Single.	7 weeks.	163 days.	Amenorrhœa.	Mania.
833	F.	65 years—Married.	1 week.	205 days.	Domestic Trouble.	Recurrent Mania.
877	M.	44 years—Married.	2 weeks.	15 days.	Intemperance.	Acute Mania.
805	F.	37 years—Married.	3 weeks.	337 days.	Hereditary.	Mania.
866	M.	46 years—Married.	4 days.	41 days.	Trouble.	Melancholia.
829	M.	36 years—Single.	3 months.	235 days.	Intemperance. Hereditary.	Melancholia.
397	M.	32 years—Single.	2 weeks.	124 days.	Hereditary.	Monomania.
858	M.	54 years—Married.	1 month.	146 days.	Intemperance.	Monomania.
859	F.	44 years—Married.	5 months.	146 days.	Fear of Poverty.	Melancholia.
878	M.	40 years—Widower.	1 month.	87 days.	Intemperance.	Acute Mania.
889	F.	29 years—Married.	3 weeks.	65 days.	Miscarriage.	Acute Mania.
890	F.	22 years—Married.	18 months.	91 days.	Hereditary. Both Parents Insane.	Mania.
892	F.	45 years—Married.	2 weeks.	56 days.	Hereditary.	Recurrent Mania.
870	M.	24 years—Widower.	Several weeks.	155 days.	Want and Losses.	Mania.
888	M.	40 years—Married.	2 weeks.	98 days.	Not stated.	Acute Mania.
896	M.	44 years—Married.	6 days.	56 days.	Physical Injury and Intemperance.	Acute Mania.
886	M.	24 years—Single.	10 weeks.	134 days.	Not stated.	Mania.
891	M.	52 years—Married.	Several years.	131 days.	Intemperance.	Melancholia.
895	M.	52 years—Married.	2 days.	112 days.	Intemperance.	Acute Mania.
897	M.	31 years—Married.	1 week.	110 days.	Insolation.	Acute Mania.
909	M.	18 years—Married.	8 weeks.	62 days.	Concussion of Brain.	Melancholia.
917	F.	31 years—Married.	5 months.	61 days.	Death of a Sister. Hereditary.	Acute Mania.
902	M.	57 years—Married.	5 days.	139 days.	Gastric Disorder.	Melancholia.
905	M.	53 years—Married.	4 months	128 days.	Pecuniary Losses.	Suicidal Melancholia.
912	F.	29 years—Married.	1 week.	112 days.	Hereditary.	Mania.
926	F.	25 years—Married.	3 weeks.	39 days.	Loss of Child. Hereditary.	Melancholia.
241	M.	40 years—Single.	3 weeks.	174 days.	Intemperance.	Mania.
247	M.	20 years—Single.	6 months.	32 days.	Self-abuse.	Mania.
246	F.	62 years—Widow.	4 weeks.	112 days.	Hereditary.	Recurrent Mania.
857	M.	54 years—Married.	12 days.	251 days.	Hereditary.	Acute Melancholia.
951	M.	33 years—Married.	1 year	30 days	Intemperance.	Mania.

No. on Register.	Sex.	Age at Death, and Civil State.	Form of Mental Disorder and Bodily Condition when admitted.	Alleged Length of Time Insane before Admission.	Duration of Residence in the Asylum.	Apparent Cause of Death.
476	M.	69 years—Single.	Mania. Very thin.	Of weak mind for years.	8 years & 197 days.	Asthma; Apoplexy.
562	F.	39 years—Married.	Mania. Good.	Not stated.	5 years & 235 days.	Consumption.
788	M.	31 years—Single.	Acute Mania. Dangerously ill.	1 week.	328 days.	Disease of the Valves of the Heart.
806	F.	28 years—Single.	Mania. In bad Health.	1 year.	242 days.	Epilepsy.
88	F.	39 years—Single.	Mania	Not known.	4 years & 297 days.	Consumption.
828	M.	36 years—Single.	Inbecility. Chorea.	Several years.	175 days.	Chorea.
801	F.	65 years—Married.	Melancholia. Fair Health.	3 years and a half.	305 days.	Apoplexy.
822	F.	34 years—Widow.	Mania. Weakly.	Nearly 2 years.	227 days.	General Paralysis; Hemiplegia.
727	F.	47 years—Married.	Chronic Mania. Rheumatism; weak.	Of weak mind from infancy.	1. 19 yrs. & 346 days.	Epilepsy.
					2. 1 year & 330 days.	
691	F.	68 years—Widow.	Melancholia. Fair.	3 weeks.	1. 177 days.	Apoplexy; Hemiplegia.
					2. 2 yrs. & 169 days.	
865	F.	32 years—Married.	General Paralysis. In bad Health.	1 week.	54 days.	General Paralysis of the Insane.
814	F.	15 years—Single.	Idiocy. Fair.	Congenital.	803 days.	Epilepsy; Marasmus.
815	F.	34 years—Married.	Mania. Weak.	2 months.	313 days	General Paralysis of the Insane.
136	M.	40 years—Single.	Melancholia.	Not stated.	13 years & 116 days.	Consumption.
876	F.	60 years—Widow.	Recurrent Mania. Scrofula.	2 weeks.	1. 1 year & 145 days.	Hemorrhage from the Bowels.
					2. 63 days.	
882	M.	49 years—Married.	Chronic Mania. Fair.	2 weeks.	1. 83 days.	Apoplexy.
					2. 68 days	
910	F.	64 years—Married.	Acute Melancholia. Extreme Exhaustion.	2 weeks.	12 days.	Erysipelas of the Face.
915	F.	26 years—Married.	Puerperal Mania, Typhoid Exhaustion.	2 weeks.	12 days.	Puerperal Mania.
351	M.	56 years—Single.	Mania.	1 year and 3 months.	11 years & 330 days.	Intus-susception of Bowels.
370	F.	60 years—Single.	Mania. Chronic Diarrhœa.	1 week.	1. 1 year & 45 days.	Hydatids of Liver.*
					2. 11 yrs. & 252 days.	
852	F.	57 years—Married.	Acute Mania. Fair.	4 months.	295 days.	Maniacal Exhaustion.
240	M.	61 years—Married.	Suicidal Melancholia. Fair.	6 months.	97 days.	Suicide by Hanging.*
201	M.	19 years—Single.	Mania. Epilepsy; Amaurosis.	From childhood.	2 years & 309 days.	Epilepsy.
22	F.	64 years—Married.	Mania.	Several months.	17 years & 203 days	Pneumonia.
250	F.	81 years—Single.	Mania. Infirm; Asthmatic.	4 or 5 years.	48 days.	Natural Decay.
667	F.	64 years—Single.	Homicidal Monomania. Fair.	Not stated.	1. 25 days.	Bronchitis, Biliary Calculi, with
					2. 165 days	Fistula.
					3. 3 yrs. & 150 days.	

* Inquests were held upon the above two cases. The first, a Female, who had been in the Asylum upon the last occasion 11 years and 252 days was found dead in bed, in an associated bed room. A post mortem examination revealed a large hydatid cyst of the liver pressing upon the heart. Verdict—"Found dead in bed from Hydatids of the Liver." The second, a determined suicide, after three months' watching contrived to borrow a neckerchief from another patient, threaded it through his stock, and suspended himself to a steam pipe on the stairs, during the temporary absence of the Attendant. Verdict—"That the deceased hung himself, he being at the time a Lunatic."

TABLE VI.
PAUPER DIETARY.

BREAKFAST.		MALES.	FEMALES.
<i>Every Day.</i>	{	Milk Porridge, or Coffee, with 4 oz. of Butter for 12 Patients	Tea or Coffee 1 pt. Butter for every 12 Patients 4 oz.
		1 $\frac{1}{4}$ pt. Bread ... 7 oz.	Bread ... 6 oz.
DINNER.			
<i>Sunday and Wednesday.</i>	{	Cooked Meat, free from Bone ... 6 oz.	_____ 5 oz.
		Bread ... 4 oz.	_____ 4 oz.
		Vegetables ... 16 oz.	_____ 12 oz.
		Beer ... $\frac{1}{2}$ pt.	_____ $\frac{1}{2}$ pt.
<i>Friday.</i>	{	Meat in Pie, free from Bone ... 5 oz.	_____ 4 oz.
		Pie Crust ... 10 oz.	_____ 8 oz.
		Potatoes, sliced 12 oz.	_____ 8 oz.
		Beer ... $\frac{1}{2}$ pt.	_____ $\frac{1}{2}$ pt.
<i>Monday and Thursday.</i>	{	Pease Soup, or Irish Stew ... 1 $\frac{1}{4}$ pt.	_____ 1 pt.
		Bread ... 6 oz.	_____ 5 oz.
		Beer ... 1 pt. $\frac{1}{2}$	_____ 1 pt. $\frac{1}{2}$
<i>Tuesday.</i>	{	Rice Pudding ... 16 oz.	_____ 12 oz.
		Bread ... 6 oz.	_____ 5 oz.
		Cheese ... 1 oz.	_____ 1 oz.
		Beer ... $\frac{1}{2}$ pt.	_____ $\frac{1}{2}$ pt.
<i>Saturday.</i>	{	Suet Pudding ... 16 oz.	_____ 16 oz.
		Treacle Sauce ... 2 oz.	_____ 2 oz.
		Beer ... $\frac{1}{2}$ pt.	_____ $\frac{1}{2}$ pt.
SUPPER.			
<i>Every Day.</i>	{	Bread ... 6 oz.	Bread ... 5 oz.
		Cheese ... 1 oz.	Butter for every
		Beer ... $\frac{1}{2}$ pt.	12 Patients 4 oz.
		Or Milk Porridge or Tea ... 1 $\frac{1}{2}$ pt.	Tea ... 1 pt.

Irish Stew, made of Meat, Potatoes, Vegetables, Herbs, &c.

Beer, 14 Gallons to the Bushel.

A Salad once a week.

Regular Workers in the Garden, Laundry, &c., have at 11 a.m., Bread, 4 oz., Cheese, 1 oz., Beer, $\frac{1}{2}$ pint: at 4 p.m., Beer, $\frac{1}{2}$ pint.

ANNUAL ACCOUNT FOR 1858,
OF
Receipts and Payments
OF THE
COUNTY AND BOROUGH LUNATIC ASYLUM,
AT SNEINTON, NEAR NOTTINGHAM.

RECEIPTS.

			£	s.	d.	£	s.	d.
Balance in Treasurer's hands	171	5	0			
„ Clerk's	„	...	39	5	4			
„ Storekeeper's	„	...	32	15	10			
						243	6	2
County Treasurer, for Fabric Charges, 1857	...		584	6	8			
Borough Treasurer, for Fabric Charges, 1856			253	3	4			
„ „ „ „ 1857			292	3	4			
						1129	13	4
Sale of Brick Plant	52	0	0
Repayment by Private Patient	0	13	0
Sale of Pigs	60	13	11			
„ Carrots and Peas	11	1	0			
„ Bones	8	10	10			
„ Rags	3	7	6			
„ Old Stores	19	3	8			
						102	16	11

MAINTENANCE ACCOUNT.

Private Patients, at 16s. per week	1593	5	2
Pauper Patients in County of Nottingham, at 9s. and 8s.—							
Basford Union	1013	5	3	
Bingham „	341	11	8	
Doncaster „	51	1	11	
Gainsborough „	46	13	8	
Loughborough „	43	0	8	
Carried forward	...			1495	13	2	3121 14 7

					£	s.	d.	£	s.	d.
	Brought forward	1495	13	2	3121	14	7
Mansfield Union	629	6	6			
Melton Mowbray „	45	13	0			
Newark „	82	13	0			
Radford „	661	2	10			
Retford „	247	2	2			
Shardlow „	69	7	4			
Southwell „	379	14	2			
Worksop „	241	13	8			
County Treasurer	111	4	10			
Nottingham Union and Borough	1204	4	1			
								5167	14	9
From Places not contributing—										
Borough of Newark, at 12s.	217	5	0			
Lincoln Union, at 14s.	18	12	0			
Tewkesbury „	16	16	0			
Ulverstone „	19	18	5			
Barrow-on-Soar „	5	8	0			
								277	19	5
								£8567	8	9

PAYMENTS.

SALARIES AND WAGES.

						£	s.	d.	£	s.	d.
Resident Medical Superintendent	360	0	0			
Chaplain	70	0	0			
Matron	60	0	0			
Clerk	50	0	0			
Storekeeper	40	0	0			
Attendants	320	12	8½			
Servants, Indoor...	123	6	7			
„ Outdoor	26	0	0			
„ Occasional	4	8	0			
Male Attendants, Uniform	20	0	0			
Female „ „	7	11	11			
Night Duty	31	18	9			
									1113	17	11½

PROVISIONS.

(Including all Articles of Diet, except Wine, Spirits, and Porter.)

Ale...	5	15	0
Apples and Fruit...	4	19	0
Arrow Root, &c.	2	17	0
Bacon	5	15	7
Bread	0	3	10
Butter	188	4	6½
Cheese	80	16	9½
Coffee	31	7	8
Chicory	1	5	0
Currants	5	16	6
Eggs	5	16	1
Fish, Poultry, &c.	13	1	11
Flour	484	13	6
Hops	24	17	11
Malt	286	10	0
Barm	1	2	9
Brewer and Baker's Wages	27	0	0
Lemons and Oranges	1	4	9
Meat	1087	3	0
Milk	184	14	0
Oatmeal	34	11	6
Potatoes	54	13	3
Vegetables	0	1	9
Raisins	1	13	8
Rice	16	16	0
Sugar, Loaf	5	16	6
Sugar, Raw	88	6	0
Tea	103	8	4

Carried forward ... 2748 11 10 1113 17 11½

						£	s.	d.	£	s.	d.	
Brought forward						...	2748	11	10	1113	17	11½
Tobacco	25	1	0			
Pipes	0	13	6			
Treacle	1	19	8			
Vinegar, Spices, Salt, Mustard, &c.	19	0	11			
Snuff	0	5	6			
							<hr/>			2795	12	5

WINE, SPIRITS, PORTER.

Wine	3	12	0			
Spirits	0	14	0			
Porter	21	7	0			
							<hr/>			25	13	0

NECESSARIES, FUEL, LIGHTING, &c.

Candles, Dips	5	13	0			
„ Moulds	0	7	0			
Coals	110	3	9			
„ Soft	18	18	0			
„ Cobbles	161	8	7			
Chimney Sweep	3	0	0			
Gas Rent	65	10	11			
„ Fittings	2	13	6			
Oil, for Engine, &c.	5	3	5			
Soap	56	16	10			
„ White, &c.	2	0	3			
Soda	6	8	0			
Starch and Blue	6	15	10			
Fire Wood and Matches	1	19	5			
Water Rent	1	10	0			
Sundries	12	6	8			
							<hr/>			460	15	2

SURGERY AND DISPENSARY.

Drugs	27	14	9			
Leeches	0	19	10			
							<hr/>			28	14	7

CLOTHING.

Calico	35	18	7			
Drabbett and Duck	16	8	2			
Flannel	18	10	0			
Hats and Caps	3	13	10			
Handkerchiefs and Stocks	2	15	3			
Muslin	0	8	0			
Prints and Gingham	40	8	10			
Men's Clothing and Materials	108	17	10			

Carried forward	...	227	0	6	4424	13	1½
-----------------	-----	-----	---	---	------	----	----

						£	s.	d.	£	s.	d.	
					Brought forward	...	227	0	6	4424	13	1½
Tailor's Wages	25	6	3				
Shoes	169	0	0				
Thread, Cotton, &c.	10	15	0				
Hosiery	5	5	10				
Smallwares and Sundries	14	7	9½				
						<hr/>			451	15	4½	

FUNERAL EXPENSES.

Coffins	7	4	0			
Bearers	6	0	0			
Burial Fees	4	10	0			
						<hr/>			17	14	0

FURNITURE AND BEDDING.

Baskets	5	19	4			
Brushes, Mats, Mopping, &c.	46	4	7			
Floor Matting	22	8	9			
Clocks cleaning	0	18	6			
Chairs, Tables, Harmonium, Bagatelle Board, &c.	62	3	0			
Cooperage...	6	14	5			
Crockery	17	15	2			
Culinary and other Utensils	41	3	5			
Sheeting	26	14	1			
Air Cushions	2	4	0			
Table Linen	10	16	1			
Straw, Twine, &c., for Bedding...	8	8	11			
Tick and Canvass	5	13	7			
Towelling...	8	16	0			
Sundries	5	10	5			
						<hr/>			271	10	3

BUILDING AND REPAIRS.

Blacksmith	33	6	4			
Bricklayer...	180	15	6			
Carpenter...	90	16	0			
Cartage	3	4	4			
Engine Repairs	5	7	0			
Gravel	7	18	0			
Gas Tar	12	3	9			
Glazier	35	2	10			
Ironmonger	25	13	2			
Painter and Paint	175	9	0			
Plumber	46	10	1			
Stone Mason	21	12	8			
Timber	20	15	2			
Whitewashing	60	0	0			
						<hr/>			718	13	10
Carried forward						...	5165	12	9		

						£	s.	d.	£	s.	d.	
					Brought forward	...	718	13	10	5165	12	9
Panty Pits	5	10	0				
Insurance...	8	19	9				
Miscellaneous	3	13	11				
Removal of Patients to the Bucks Asylum	21	2	11				
Extra Charge for Patients' Maintenance there						41	11	8				
Watkinson's Annuity	20	0	0				
Rates and Taxes...	48	11	2				
New Boundary Wall	63	4	0				
						<hr/>			931	7	3	

GARDEN EXPENSES.

Pigs	24	1	6			
Implements	13	4	6			
Labour, two Gardeners	56	8	0			
Seeds	20	5	2			
						<hr/>			113	19	2

MISCELLANEOUS.

Advertisements, Printing, Stamps, Stationery, &c.	54	13	1			
Books, Periodicals, News, &c.	13	15	4			
Patients' Amusements	1	1	5			
Out-on-Trial Patients	7	8	0			
Recapture of Patients	0	4	0			
						<hr/>			77	1	10

Ordinary Cost of Maintenance for Patients at Bucks Asylum,
repaid by Unions to which they belong 136 2 0

Total 6424 3 0

RETURN PAYMENTS.

To County	1000	0	0			
„ Borough	500	0	0			
						<hr/>			1500	0	0

Total Amount of Payments	7924	3	0		
Balance in Treasurer's hands	573	2	8			
„ Clerk's	„	45	0	3			
„ Storekeeper's	„	25	2	10			
						<hr/>			643	5	9

£8567 8 9

SUMMARY OF AVERAGE COST PER HEAD PER WEEK.

								s.	d.
Salaries and Wages	1	8
Provisions	4	2 $\frac{1}{4}$
Fuel, Lighting, &c.	0	8 $\frac{1}{4}$
Surgery, Dispensary, Wine, &c.	0	1
Clothing	0	8 $\frac{1}{4}$
Garden Expenses	0	2
Miscellaneous	0	1 $\frac{1}{4}$
								<hr/>	
Gross Total Cost	7	7
Less by Sales	0	1 $\frac{3}{4}$
								<hr/>	
Nett Average Cost of Maintenance per head per week	7	5 $\frac{1}{4}$
								<hr/>	

Aggregate Number of Days of Residence of Patients, 93,295.

Daily Average of Patients, 255.60.

N.B. The present weekly rate of Maintenance for County and Borough Pauper Patients, is 8s. 6d. for Men, and 7s. 6d. for Women.

GENERAL STATEMENT OF RECEIPTS AND PAYMENTS ON

FROM 1st

RECEIPTS.

	£	s.	d.
Balance in hand, 1st January	243	6	2
RECEIPTS UNDER THE FOLLOWING HEADS, VIZ.:			
1 From Interest on Moneys invested	0	0	0
2 From Sales and Produce of Labour, &c.	102	16	11
3 Maintenance Account, viz.:			
Private Patients	1593	5	2
Pauper do. { (1) From Counties and Boroughs to which			
Asylum belongs	5167	14	9
(2) From other Counties and Boroughs	277	19	5
4 From County and Borough Treasurers,—For Buildings			
and Repairs, Furniture and Fittings, Rent of Land and			
Buildings, Rates and Taxes, &c.	1129	13	4
5 From Voluntary Contributions	0	0	0
6 Miscellaneous	52	13	0
Balance due to Treasurer, 31st December	0	0	0

Total Receipts £8567 8 9

ASSETS

	£	s.	d.	£	s.	d.
Due from Unions in the County and Borough, for						
Maintenance of Pauper Patients, up to 31st						
December, 1858	1299	13	10			
Due for Out-county Patients	58	11	9			
				1358	5	7
Due from County, for Fabric Charges, for 1858	834	3	4			
Due from Borough, for ditto	385	14	5			
				1219	17	9
Balance in Treasurer's hands, 31st Dec., 1858	573	2	8			
" Clerk's "	45	0	3			
" Storekeeper's "	25	2	10			
				643	5	9
				<u>£3221</u>	<u>9</u>	<u>1</u>

THE NOTTINGHAM COUNTY AND BOROUGH LUNATIC ASYLUM,

DECEMBER, 1858.

PAYMENTS.

	£	s.	d.
Balance due to Treasurer, 1st January	0	0	0
PAYMENTS UNDER THE FOLLOWING HEADS, VIZ.:			
1 Monies repaid County and Borough	1500	0	0
2 Salaries and Wages	1113	17	11½
3 Provisions (including all Articles of Diet, excepting Wine, Spirits, and Porter)	2795	12	5
4 Wine, Spirits, and Porter	25	13	0
5 Necessaries (e.g. Fuel, Light, Washing, &c.)	460	15	2
6 Surgery and Dispensary	28	14	7
7 Clothing	451	15	4½
8 Furniture and Bedding	271	10	3
9 Funeral Expenses	17	14	0
10 Building and Repairs... ..	811	1	9
11 Garden and Farm	113	19	2
12 Rates, Taxes, and Insurance... ..	57	10	11
13 Miscellaneous	77	1	10
Ordinary Maintenance of 16 Male Patients, at the Bucks County Asylum	136	2	0
Removal and extra Charge for Maintenance of same	62	14	7
Total Payments... ..	7924	3	0
Balance in hand 31st December	643	5	9
	<u>£8567</u>	<u>8</u>	<u>9</u>

Jan. 27th, 1859, Audited by us,
THOMAS CULLEN.
JAMES PAGE.

LIABILITIES.

	£	s.	d.
Present Liabilities	0	0	0
Balance of Assets, 1st January, 1858	1805	10	7
Profit, during the Year 1858	1415	18	6

£3221 9 1

Jan. 27th, 1859, Audited by us,
THOMAS CULLEN.
JAMES PAGE.

